

Backpacking Checklist

Essential Stuff

Individual Stuff

Me	My Buddy	Group Gear	
Clothing			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Underwear, poly, 3 pair
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Socks, wool, 3 pair
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sock liners, 2 pair
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Shorts, nylon, 2pair (subst 1 zip off)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wool top & bottom, lite-weight
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Shirts, synth, short sleeve, 2
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Shirt, nylon, spf 30-50, long sleeve
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hiking boots for type of trail
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Camp shoes, (water shoes, light)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
WINTER ADJUSTMENTS			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wool top & bottom, lite for sleeping
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wool top & bottom, heavy
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wool skull cap
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wool gloves (finger cut out??)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wool bottoms, lite for hiking
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Polar fleece jacket, heavy
Rain Gear			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pack cover
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Rain jacket, zip pits
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Rain pants
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Rain, sun hat
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sleeping Gear			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sleeping bag (40 degree)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Thermarest pad, lite
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pillow, inflatable
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sleeping bag bivy (see group tent)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Flashlight
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Personal Gear			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Toothbrush
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Towel, synthetic, small
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cup
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bowl
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Spork
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chapstick
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Water bottle
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dental floss
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Identification

Group Stuff

Me	My Buddy	Group Gear	
Cooking / Cleaning Gear			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Stove
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Fuel bottle, 2
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coffe pot, alluminum, pot only
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pot with lid, lite
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Soap, biodegradable
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sponge / brillo pad, tiny
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pot tongs for lids, hot pans
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Matches
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	TENT, poles, fly, stakes, ground cloth
Hygiene			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lava soap (for poison ivy)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Toilet paper
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Small shovel
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Clothespins
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tent rope for hanging food, clothes
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tent repair tape
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Safety pins
Field Gear			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pocket knife
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Compass
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Map
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Water bag
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Water purifier
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Whistle
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ziplock bags
First Aid			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Blister stuff
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Band aids
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Gauze pads
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tape roll
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tweezers
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Advil, Benedryl, Tylonol, Pepto tablets
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Antibiotic ointment
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Betadine (Iodine) pads
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Claratin
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Extra Advil
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Calcium Tablets
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Prescription meds
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bandanas
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Extra Stuff

Individual Stuff

Other	Me	Group Gear	
Food (in ziplocks, labeled)			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Breakfast(s)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lunch(es)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dinner(s)
Other Group Gear			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dining fly
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Candle or LED lantern
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Camp saw
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Camp ax
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Repair kit
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pots, Pans
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Spatula, Ladles, etc.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Salt, Pepper, Seasoning
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Skewers
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Garbage bags

Group Stuff

Other	Me	Group Gear	
Miscellaneous			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pencil & Notebook
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Gloves
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Swimsuit
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Watch
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Camera & Film
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Extra shoes/flipflops
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Camp Chair
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hand Warmers
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Books to read
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Field guides
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Blank books to write
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Binoculars
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Star charts
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hammock